NOVEMBER 2026 – Gym Schedule

YMCA OF STEUBEN COUNTY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Group Exercise Youth Sports RSB Pickleball	Adult Program Youth Program	North Gym South Gym				
1	2	3	4	5	6	7
	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	Tot Time 10–11am	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am Easterseals 10:30–11:30am		Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	
Pickleball 12–3 pm	RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm	Pickleball (Advance) 7–9 am Pickleball (Inter) 9–11 am Pickleball (Begin) 11a–1pm	Homeschool 9 – 11 am RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm Adult Pick Up Basketball 5–8pm	Pickleball (Advance) 7–9 am Pickleball (Inter) 9–11 am Pickleball (Begin) 11a–1pm Pickleball (All) 6 – 8:30 pm	Pickleball 10am–12pm RSB – 1 – 2:30 pm Futsal Pick Up 5–6:30 pm	Pickleball – 8 – 11 am
8	9	10	11	12	13	14
	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	Tot Time 10–11am	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am Easterseals 10:30–11:30am		Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	
Pickleball 12–3 pm	RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm	Pickleball (Advance) 7–9 am Pickleball (Inter) 9–11 am Pickleball (Begin) 11a–1pm	Homeschool 9 – 11 am RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm Adult Pick Up Basketball 5–8pm	Pickleball (Advance) 7–9 am Pickleball (Inter) 9–11 am Pickleball (Begin) 11a–1pm Pickleball (All) 6 – 8:30 pm	Pickleball 10am–12pm RSB – 1 – 2:30 pm Futsal Pick Up 5–6:30 pm	Pickleball – 8 – 11 am
15	16	17	18	19	20	21
	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	Tot Time 10–11am	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am Easterseals 10:30–11:30am		Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	
Pickleball 12–3 pm	RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm	Life Line Screening	Homeschool 9 – 11 am RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm Adult Pick Up Basketball 5–8pm	Pickleball (Advance) 7–9 am Pickleball (Inter) 9–11 am Pickleball (Begin) 11a–1pm Pickleball (All) 6 – 8:30 pm	Pickleball 10am–12pm RSB – 1 – 2:30 pm Futsal Pick Up 5–6:30 pm	Pickleball – 8 – 11 am
22	23	24	25	26	27	28
	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	Tot Time 10–11am	Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am Easterseals 10:30–11:30am		Step It Up – 8:15 am – 9 am Tone – 9 am – 10 am	
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29	30					
	Step It Up – 8:15 – 9 am Tone – 9 am – 10 am					
Pickleball 12–3 pm	RSB – 1 – 2:30 pm Pickleball 2:30–4:30 pm					