



OCTOBER 2026 - Gym Schedule

YMCA OF STEUBEN COUNTY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Group Exercise	Adult Program	North Gym				
Youth Sports	Youth Program					
RSB		South Gym				
Pickleball						
				1	2	3
					Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
				Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm Pickleball (All) 6 - 8:30 pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
4	5	6	7	8	9	10
	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	Tot Time 10-11am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Easterseals 10:30-11:30am	Line Dancing 11am-12pm	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
Pickleball 12-3 pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	Homeschool 9 - 11 am RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm Pickleball (All) 6 - 8:30 pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
11	12	13	14	15	16	17
	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	Tot Time 10-11am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Easterseals 10:30-11:30am		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
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18	19	20	21	22	23	24
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25	26	27	28	29	30	31
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