



SEPTEMBER 2026 - Gym Schedule

YMCA OF STEUBEN COUNTY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Group Exercise	Adult Program	North Gym				
Youth Sports	Youth Program					
RSB		South Gym				
Pickleball						
		1	2	3	4	5
			Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
			Easterseals 10:30-11:30am			
		Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	Homeschool 9 - 11 am RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm Pickleball (All) 6 - 8:30 pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
6	7	8	9	10	11	12
	Closed		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	Senior Expo	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
			Easterseals 10:30-11:30am	5am-3pm		
	Closed	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	Homeschool 9 - 11 am RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Senior Expo 5am-3pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
13	14	15	16	17	18	19
	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	Tot Time 10-11am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
			Easterseals 10:30-11:30am			
Pickleball 12-3 pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm		Homeschool 9 - 11 am RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm			Pickleball - 8 - 11 am
				Pickleball (All) 6 - 8:30 pm	RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	
20	21	22	23	24	25	26
	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	Tot Time 10-11am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
			Easterseals 10:30-11:30am			
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27	28	29	30			
	Step It Up - 8:15 - 9 am Tone - 9 am - 10 am	Tot Time 10-11am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Homeschool 9:30-10:30am Easterseals 10:30-11:30am			
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