



MAY 2026 - Gym Schedule

YMCA OF STEUBEN COUNTY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Group Exercise	Adult Program	North Gym				
Youth Sports	Youth Program					
RSB		South Gym				
Pickleball						
					1	2
			Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Homeschool 9-11 am Easterseals 10:30-11:30am	Tot Time 10 am - 11 am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
			RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm Pickleball (All) 6:30 - 9 pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
3	4	5	6	7	8	9
	Step It Up - 8:15 - 9 am Tone - 9 am - 10 am		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Homeschool 9-11 am Easterseals 10:30-11:30am	Tot Time 10 am - 11 am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
Pickleball - 12 - 3 pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm Pickleball (All) 6 - 8:30 pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
10	11	12	13	14	15	16
	Step It Up - 8:15 - 9 am Tone - 9 am - 10 am	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Homeschool 9-11 am Easterseals 10:30-11:30am	Tot Time 10 am - 11 am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
Pickleball - 12 - 3 pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm	Lifeline Screening 8am-6pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advance) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm Pickleball (All) 6 - 8:30 pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Pickleball - 8 - 11 am
17	18	19	20	21	22	23
	Step It Up - 8:15 - 9 am Tone - 9 am - 10 am		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Homeschool 9-11 am Easterseals 10:30-11:30am	Tot Time 10 am - 11 am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
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24	25	26	27	28	29	30
	Step It Up - 8:15 - 9 am Tone - 9 am - 10 am	ELC 12-2 pm	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Easterseals 10:30-11:30am ELC 12-2 pm	Tot Time 10 am - 11 am	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	
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31						
Pickleball - 12 - 3 pm						