



# February 2026 - Gym Schedule

YMCA OF STEUBEN COUNTY

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
N o G r o u p t m h	Group Exercise	North Gym										
	Youth Sports											
	RSB	South Gym										
	Pickleball											
	Adult Program											
	Youth Program											
	1	2	3	4	5	6	7					
S o G r o u p t m h		Speed & Agility - 5-5:45 pm		Homeschool 9-11 am Easterseals Rise 10:30-11:30am	Tot Time 10 am - 11 am Youth Basketball 5:30-6:15 pm		Youth Basketball					
S o G r o u p t m h	Pickleball - 12 - 3 pm Pickleball 2:30-4:30 pm Youth Basketball 6-7 pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Youth Basketball 6-7 pm	Pickleball (Advanc) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advanc) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Youth Basketball Pickleball - 2 - 5 pm					
	8	9	10	11	12	13	14					
N o G r o u p t m h		Tai Chi - 12 - 12:30 pm Speed & Agility - 5-5:45 pm		Homeschool 9-11 am Easterseals Rise 10:30-11:30am	Tot Time 10 am - 11 am Youth Basketball 5:30-6:15 pm		Youth Basketball					
S o G r o u p t m h	Pickleball - 12 - 3 pm Pickleball 2:30-4:30 pm Youth Basketball 6-7 pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Youth Basketball 6-7 pm	Pickleball (Advanc) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	RSB - 1 - 2:30 pm Pickleball 2:30-4:30 pm Adult Pick Up Basketball 5-8pm	Pickleball (Advanc) 7-9 am Pickleball (Inter) 9-11 am Pickleball (Begin) 11a-1pm	Pickleball 10am-12pm RSB - 1 - 2:30 pm Futsal Pick Up 5-6:30 pm	Youth Basketball Pickleball - 2 - 5 pm					
	15	16	17	18	19	20	21					
N o G r o u p t m h		Speed & Agility - 5-5:45 pm		Homeschool 9-11 am Easterseals Rise 10:30-11:30am	Tot Time 10 am - 11 am Youth Basketball 5:30-6:15 pm		Youth Basketball					
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	22	23	24	25	26	27	28					
N o G r o u p t m h		Step It Up - 8:15 - 9 am Tone - 9 am - 10 am Tai Chi - 12 - 12:30 pm Speed & Agility - 5-5:45 pm		Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am Homeschool 9-11 am Easterseals Rise 10:30-11:30am	Tot Time 10 am - 11 am Youth Basketball 5:30-6:15 pm	Step It Up - 8:15 am - 9 am Tone - 9 am - 10 am	Youth Basketball					
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