YMCA August Pool Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					5:30a - 11:30a - Therapy Pool	
					5:30a - 12p - Lap Pool	8:30a - 9:30a - Therapy Pool
					8a - 9a - Water Aerobics	8:30a - 9:30a - Lap Pool
Closed on Sunday					9:30a - 10:30a - Water Aerobics	9:30a - 10:30a - YOUTH Triathlon
(summer hours)					11-12 Water Walking & Tread	10:45a - 12p - Therapy Pool
					3:30p - 6p - Lap Pool	10:45a - 3:45p - Lap Pool
					3:30p - 6p - Therapy Pool	
3	4	5	6	7	8	9
	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	
	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	8:30a - 12p - Therapy Pool
	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	8:30a - 3:45p - Lap Pool
	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	ополи стор оприсог
Closed on Sunday	11-12 Water Walking & Tread	3:30p - 8p - Lap Pool	11-12 Water Walking & Tread	3:30p - 8p - Lap Pool	11-12 Water Walking & Tread	
(summer hours)	3:30p - 6p - Therapy Pool		3:30p - 6p - Therapy Pool	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	3:30p - 6p - Lap Pool	
(34	3:30p - 8p - Lap Pool		3:30p - 4:30p - Lap Pool		3:30p - 6p - Therapy Pool	
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10	11	12	13	14	15	16
	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	
	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	8:30a - 12p - Therapy Pool
	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	8:30a - 3:45p - Lap Pool
Classed an Consider	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	
Closed on Sunday	11-12 Water Walking & Tread	3:30p - 8p - Lap Pool	11-12 Water Walking & Tread	3:30p - 8p - Lap Pool	11-12 Water Walking & Tread	
(summer hours)	3:30p - 6p - Therapy Pool	_	3:30p - 6p - Therapy Pool		3:30p -6p - Lap Pool	
	3:30p - 8p - Lap Pool	-	3:30p - 8p - Lap Pool		3:30p - 6p - Therapy Pool	
17	18	19	20	21	22	23
	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	
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	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	8:30a - 3:45p - Lap Pool
Closed on Sunday	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	
(summer hours)	11-12 Water Walking & Tread	3:30p - 8p - Lap Pool	11-12 Water Walking & Tread	3:30p - 8p - Lap Pool	11-12 Water Walking & Tread	
	3:30p - 6p - Therapy Pool		3:30p - 6p - Therapy Pool		3:30p - 6p - Lap Pool	
	3:30p - 8p - Lap Pool		3:30p - 8p - Lap Pool		3:30p - 6p - Therapy Pool	
24	25	26	27	28	29	30
	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	5:30a - 11:30a - Therapy Pool	
	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	5:30a - 12p - Lap Pool	8:30a - 12p - Therapy Pool
Closed on Sunday	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	9:30a - 10:30a - Water Aerobics	8a - 9a - Water Aerobics	8:30a - 3:45p - Lap Pool
(summer hours)	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	11-12 Water Walking & Tread	9:30a - 10:30a - Water Aerobics	
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	3:30p - 6p - Therapy Pool		3:30p - 6p - Therapy Pool		3:30p - 6p - Lap Pool	
	3:30p - 8p - Lap Pool		3:30p - 8p - Lap Pool		3:30p - 6p - Therapy Pool	
	•	During Angola and Way	vemakers practice there is one(1) I	an lane onen to members		

During Angola and Wavemakers practice there is one(1) lap lane open to members
During Water Aerobics there are three(3) lap lanes open to the members.
During Swim Lessons there are 2 lanes open to members
Therapy pool is closed during group swim lessons, Sauna will be open as normal.